

Enjoy picturesque gardens all year long



Enjoy beautiful gardens at Leabrook Place and The Glenbrook

The birds are singing and the sun is shining. Our gardens are blossoming again after being dormant over winter and soon we'll be worrying about them surviving the harsh conditions of summer.

Spring sometimes has a feel to it similar to New Years - it's a time when we look at what we want to achieve and plan how we are going to get there. We consider what the winter brought us this year - life giving rains, warming stews and

comfort foods with friends...or, were we more inclined to keep to ourselves and effectively hibernate? If we've had dark clouds hanging over our heads during winter, spring is the time to take a deep breath, shoo them away and get on with life.

Residents of Leabrook Place and The Glenbrook have continued to enjoy warm companionship during the colder months and there's always a willing friend at hand for a cup of tea - if there's time! A Port River

cruise to see the dolphins, bus trip to the Casino and the 'Christmas in July' function were just some of the well attended distractions from the gloomy weather.

There is currently an air of excitement and expectation at Leabrook Place and The Glenbrook. Earlier this year Omega SeniorCare, owners and operators of Leabrook Place and The Glenbrook, undertook an impressive rejuvenation of the gardens. With the assistance of several experts in their fields, a complete review of the gardens was undertaken. One of the best that money can buy, state-of-the-art watering systems (including drippers and subsurface irrigation) has been installed and with the careful selection of drought resistant plants and lawns, the gardens have again become lush and verdant. Residents can enjoy picturesque gardens all through the year and know that this summer, likely to be one of the driest on record again, their gardens will fare a lot better.

A couple of magic apartments have become available at these sought-after retirement facilities, so now is the time to ask where will you be next winter? Will you use spring as your catalyst to move on to better things and enjoy a true sense of community with like-minded people? An invitation is extended to you to attend their Open Days - Leabrook Place on Wednesday, October 14, from 1pm to 3pm and The Glenbrook on Wednesday, October 21, from 1pm to 3pm. This is an opportunity to see, feel and touch the facilities and selected apartments, enjoy free Devonshire tea with the residents and perhaps ask them a question or two. To experience Leabrook Place or The Glenbrook for yourself, call their information line on 8131 3933, email info@omegaseniorcare.com.au or visit their website at www.omegaseniorcare.com.au

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Every Generation - it's on for young and old in October



Every Generation Celebrations

Embark...
On a month long journey

Every October, the District Council of Mount Barker, in partnership with COTA Seniors Voice, proudly supports a range of community activities around the district to help celebrate the 'Every Generation' Festival.

"This is a great opportunity for all ages to embark on a month long journey to commemorate life and to celebrate the contribution made by every generation to our community," Mayor Ann Ferguson said.

"October is a positive time for older people to share their achievements with people of all ages by partaking in a variety of activities celebrating community spirit and well-being throughout the Every Generation Festival.

It is also a great month to be out and about, with the weather naturally perfect for the multitude of indoor and outdoor activities held throughout the district."

There will always be something for everyone to engage in over the Every Generation Festival. It will be on for young and old! Participate in fun activities that provide for all the senses, such as: a 'Fun and Fitness Day' at Macclesfield - where you can try T'ai Chi or Chi Kung (Asian remedial therapy); learn better ways of travelling on the public transport system; watch the nostalgic classic 'Butch Cassidy and the Sundance Kid' at Wallis Cinema Mount Barker; be entertained by the Mount Barker

South Primary School Junior Choir; be involved with the local community in Callington by producing hand-crafted specialty cards; listen to special guest speakers discussing personal perspectives of being young or old at the Mount Barker Community Library, Hahndorf Academy or at the Wundalea Day Centre in Mount Barker; and other activities around the district include the Meadows 150th Celebrations and the Littlehampton 150th Celebrations, the Meadows Country Fair, the Callington Show and Park's Alive! events in the district.

Small grants are also available to community groups or organisations to host a community event and the District Council of Mount Barker may assist in the promotion of community activities. Please enquire with the District Council of Mount Barker for your 2010 community event by phoning the District Council of Mount Barker's Community Development Officer - Volunteering and Seniors on 8393 6414.

For more information or to download a program, visit the Mount Barker Council's website at www.dcmtbarker.sa.gov.au

To collect an Every Generation Program in person visit your Local Government House, 6 Dutton Road, Mount Barker or the Mount Barker Community Library, Dumas Street, Mount Barker.



Every October the District Council of Mount Barker proudly supports a range of community activities around the Mount Barker District to celebrate the Every Generation festival in partnership with COTA Seniors Voice.

Embark on a month long journey to celebrate life and the contribution made by every generation to the community!

A variety of activities celebrating community spirit and well-being will take place throughout October.

It will be on for young and old!
Collect your program now!

Visit Council's website; www.dcmtbarker.sa.gov.au for a copy of the 2009 program or phone 8393 6414

The District Council of Mount Barker 